



25th March 2020

Dear Clients

As of today, we are no longer providing any face to face sessions. NHS England and the Chartered Society of Physiotherapy are very clear that any rehabilitation involving physical interaction outside of a hospital can only be justified to save a life, prevent immediate hospital admission or to maintain your most essential life requirements. All of you have experienced life changing conditions but for now, you are safe. You are even safer if you follow the strict isolation guidance from the government and that means, not seeing us.

We aren't going anywhere. We will remain a source of contact and advice. Please also get in touch if you are worried or anxious by the events we are all experiencing. We have been in touch with some of you directly already and where we can, we can continue your rehabilitation remotely. We are thinking up creative ways to support you with your requirements and maintain your motivation and momentum.

We continue to offer bespoke programmes of rehabilitation for all our clients. We are able to assess you via a video (either live or recorded), to see if we need to adjust your current programme or to construct one for you. Your programme will be emailed to you and we will go through it with you live via video conferencing to make adjustments or to coach you through it. We can use facetime, skype, whatsapp or zoom; whichever platform is easiest for you.

Please let us know if you would like to set up a video consultation. Prices are within the email you will be sent upon enquiry. You can arrange these appointments by calling the office on 01280 825711. We can take payment by sending a link to your mobile phone or you can pay by bank transfer.

We look forward to continuing to support you until we can meet again,

Kind regards,

Karen and all of the Horizon Physiotherapy Team

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